

Henley-in-Arden Medical Centre

Patient Participation Group (PPG) Newsletter

The PPG consists of a number of patients who work to try and improve communication between patients and the Medical Centre staff. We meet four times a year but can also raise any patient issues or concerns at any time.

Measles Update

There has been an increase in measles cases in the Midlands.

Measles is extremely infectious and can cause serious illness and be fatal.

Symptoms of measles

- high fever
- sore red, watery eyes
- coughing
- a runny nose
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the first symptoms

Protecting yourself and those around you from measles

- make sure your children get 2 MMR vaccines on time – the first at 12 months of age and the second at 3 years, 4 months
- if you or your children missed these vaccines, it's not too late – ask for the free vaccine from your GP if you or your children aren't up to date

If you think you have measles

If you have symptoms of measles stay at home and phone your GP or NHS 111.

Do not attend GP surgeries and A&E departments without informing them that you think you have measles before you visit – you could spread the illness to others.

For further information about measles please visit: <https://www.nhs.uk/conditions/measles/>

For information about MMR vaccination visit:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

GP Changes

December 2023 saw a change in the trainee GPs at Henley Medical Centre.

As many of you will know, Henley is a training practice. A little reminder of what a GP trainee is: all of the GP trainees who are attached to the Practice will have completed a minimum of two years of hospital posts after qualifying as a Doctor, often more. Doctors are now required to work for two years as "Foundation Doctors" before entering specialist GP training. Specialist training in General Practice is currently three years.

Dr Ramsamy & Dr Nijjer completed their 1st year placements in December and have now left.

Dr Emily Hodgson and Dr Jibran Akbar are completing their 3rd year placements and will remain in practice until August 2024 along with 2 new trainees, Dr Shahzad Akbar and Dr Oshodi who are in their 2nd year of speciality training.

Other staff changes

Nurse Nicola Griffiths left the practice in November and the surgery has, as of yet, not been able to recruit a permanent replacement. The surgery is however working closely with a locum nurse agency who have been able to supply regular nurses to ensure adequate service provision is maintained.

The reception team also have 2 new members, Zoe and Lorraine who have settle in well.